WORK FAITH FAMILY

A DAILY BIBLE READING PLAN

Rooted in the Word

74 days of Scripture, prayer and everyday faith.



19 OCTOBER - 31 DECEMBER 2026

Read. Reflect. Pray. Practise.

workfaithfamily.com

WELCOME

One faithful day at a time.

This Work Faith Family plan invites you to finish the year rooted in God's Word. From Monday 19 October to Thursday 31 December 2026, make a little room each day for Scripture, prayer and practical love.

Begin with 10-15 minutes

READ

Open the full Bible passage in a translation you can understand. The highlighted verse is a starting point; the whole reading gives its context.

REFLECT

Notice what the passage shows you about God. Read the short reflection and name one truth that stands out.

PRAY

Use the guided prayer, then add your own needs, thanks and the names of people you are praying for.

PRACTISE

Choose the small action for the day. Let what you read shape your work, your faith and your relationships.

If you miss a day, begin again. Continue with today's reading and return to earlier days when you can. Grace gives you room to keep growing.

Read alone, with a friend or with your household. For children, read a shorter portion aloud and let each person offer one simple prayer.

THE JOURNEY

A rhythm for the rest of the year

The themes connect everyday discipleship with work, relationships, Advent and the hope of Christ.

01 **Begin again with God**
19 Oct - 25 Oct

02 **Work with purpose and integrity**
26 Oct - 1 Nov

03 **Let faith shape your home**
2 Nov - 8 Nov

04 **Find courage in difficult seasons**
9 Nov - 15 Nov

05 **Live generously and walk humbly**
16 Nov - 22 Nov

06 **Grow gratitude and prepare for hope**
23 Nov - 29 Nov

07 **Advent: receive the hope of Christ**
30 Nov - 6 Dec

08 **Advent: practise the peace of Christ**
7 Dec - 13 Dec

09 **Advent: make room for joy**
14 Dec - 20 Dec

10 **Christmas: welcome Christ and share his love**
21 Dec - 27 Dec

11 **Finish with gratitude and renewed hope**
28 Dec - 31 Dec

READING TRACKER

October 2026

Tick each box as you read and pray. Tap a reading to open its daily page in this guide.

DONE	DATE	BIBLE READING
☐	19 Mon	Proverbs 3:1-12
☐	20 Tue	Psalm 90:12-17
☐	21 Wed	Matthew 6:25-34
☐	22 Thu	Philippians 4:4-9
☐	23 Fri	Romans 12:1-2
☐	24 Sat	Matthew 11:28-30
☐	25 Sun	Psalm 46:1-11
☐	26 Mon	Colossians 3:12-17, 22-24
☐	27 Tue	Proverbs 16:1-9
☐	28 Wed	Daniel 6:1-10

A small, steady rhythm matters.

Choose a time you can return to. Keep your Bible and this guide nearby. Invite someone to walk through the plan with you.

READING TRACKER

November 2026

Tick each box as you read and pray. Tap a reading to open its daily page in this guide.

DONE	DATE	BIBLE READING
☐	01 Sun	John 15:1-8
☐	02 Mon	Deuteronomy 6:4-9
☐	03 Tue	James 1:19-27
☐	04 Wed	Ephesians 4:25-32
☐	05 Thu	Colossians 3:12-17
☐	06 Fri	Proverbs 22:1-6
☐	07 Sat	Ecclesiastes 4:9-12
☐	08 Sun	Joshua 24:14-18
☐	09 Mon	Isaiah 40:27-31
☐	10 Tue	Psalm 27:1-14
☐	11 Wed	Romans 8:31-39
☐	12 Thu	Galatians 6:1-10
☐	13 Fri	2 Corinthians 12:7-10
☐	14 Sat	Psalm 34:15-22
☐	15 Sun	Hebrews 10:19-25
☐	16 Mon	Micah 6:6-8
☐	17 Tue	Proverbs 11:24-28
☐	18 Wed	2 Corinthians 9:6-11
☐	19 Thu	1 Timothy 6:6-12, 17-19
☐	20 Fri	Luke 10:25-37
☐	21 Sat	1 Peter 4:8-11
☐	22 Sun	Psalm 100:1-5
☐	23 Mon	Philippians 4:10-20
☐	24 Tue	1 Thessalonians 5:12-24
☐	25 Wed	Psalm 103:1-14
☐	26 Thu	Luke 17:11-19
☐	27 Fri	Hebrews 13:1-6
☐	28 Sat	Hebrews 12:1-3
☐	29 Sun	Isaiah 9:1-7
☐	30 Mon	Isaiah 40:1-11

READING TRACKER

December 2026

Tick each box as you read and pray. Tap a reading to open its daily page in this guide.

DONE	DATE	BIBLE READING
☐	01 Tue	Isaiah 11:1-9
☐	02 Wed	Jeremiah 33:14-16
☐	03 Thu	Micah 5:2-5
☐	04 Fri	Luke 1:5-25
☐	05 Sat	Luke 1:26-38
☐	06 Sun	Luke 1:39-45
☐	07 Mon	John 14:25-31
☐	08 Tue	Romans 5:1-5
☐	09 Wed	Isaiah 26:1-4
☐	10 Thu	Philippians 4:4-9
☐	11 Fri	Ephesians 2:11-22
☐	12 Sat	Romans 12:9-21
☐	13 Sun	Psalm 85:8-13
☐	14 Mon	Psalm 16:5-11
☐	15 Tue	Luke 1:46-56
☐	16 Wed	Luke 1:57-66
☐	17 Thu	Luke 1:67-80
☐	18 Fri	Habakkuk 3:17-19
☐	19 Sat	John 15:9-17
☐	20 Sun	Zephaniah 3:14-20
☐	21 Mon	Matthew 1:18-25
☐	22 Tue	Luke 2:1-7
☐	23 Wed	Luke 2:8-14
☐	24 Thu	Luke 2:15-20
☐	25 Fri	John 1:1-18
☐	26 Sat	Matthew 2:1-12
☐	27 Sun	Luke 2:22-35
☐	28 Mon	Psalm 139:1-12, 23-24
☐	29 Tue	Philippians 3:7-14
☐	30 Wed	Lamentations 3:19-26
☐	31 Thu	Revelation 21:1-5

DAY 01 / 74

Monday 19 October 2026

Trust God with the next step

READ Proverbs 3:1-12

KEY VERSE

Trust in the LORD with all your heart, and don’t lean on your own understanding.

Proverbs 3:5 | WEB British Edition

REFLECT

Trust begins with bringing God the decision in front of you. You do not need to see the whole road to obey what he has already made clear.

PRAY

Father, I bring you my unfinished plans and unanswered questions. Teach me to trust your wisdom above my fear. Direct my choices in work, faith and family, and give me courage for the next faithful step. In Jesus' name, amen.

PRACTISE TODAY

Name one decision you will bring to God before acting today.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 02 / 74

Tuesday 20 October 2026

Give your time a purpose

READ Psalm 90:12-17

KEY VERSE

So teach us to count our days, that we may gain a heart of wisdom.

Psalm 90:12 | WEB British Edition

REFLECT

Time is a gift to steward with wisdom. A meaningful day can include quiet service, careful work and unhurried attention to someone you love.

PRAY

Lord, teach me to value the day you have given me. Help me recognise what matters and release what only creates noise. Establish the work of my hands, and let my time express love for you and for others. Amen.

PRACTISE TODAY

Choose three priorities: one for your responsibilities, one for your faith and one for a relationship.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 03 / 74

Wednesday 21 October 2026

Put God first

READ Matthew 6:25-34

KEY VERSE

But seek first God’s Kingdom and his righteousness; and all these things will be given to you as well.

Matthew 6:33 | WEB British Edition

REFLECT

Jesus knows that daily needs can consume our attention. Seeking his kingdom means letting his priorities shape our response to those needs, one day at a time.

PRAY

Heavenly Father, you know what I need before I ask. Help me seek your kingdom in today's choices. Free me from anxious striving, guide me towards wise action, and teach me to trust your care for tomorrow. Amen.

PRACTISE TODAY

Pause before your busiest task and ask how you can honour God through it.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 04 / 74

Thursday 22 October 2026

Turn worry into prayer

READ Philippians 4:4-9

KEY VERSE

In nothing be anxious, but in everything, by prayer and petition with thanksgiving, let your requests be made known to God.

Philippians 4:6 | WEB British Edition

REFLECT

Prayer gives worry somewhere honest to go. Bring specific concerns to God with thanksgiving, then return your attention to what is true, good and within your responsibility.

PRAY

God of peace, here are the concerns I keep carrying alone. I place them before you with thanks for your faithful presence. Guard my heart and mind in Christ, and help me act wisely without feeding fear. Amen.

PRACTISE TODAY

Write down one worry, turn it into a prayer and name one reason for gratitude.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 05 / 74

Friday 23 October 2026

Renew the way you think

READ Romans 12:1-2

KEY VERSE

Don’t be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what is the good, well-pleasing, and perfect will of God.

Romans 12:2 | WEB British Edition

REFLECT

God changes how we live as he reshapes how we think. Let Scripture challenge the assumptions, pressures and habits that have been setting your direction.

PRAY

Merciful Father, I offer you my whole life. Renew my mind through your Word and teach me to recognise your will. Expose the thoughts that pull me away from you, and grow a willing, obedient heart in me. Amen.

PRACTISE TODAY

Replace one unhelpful thought with a truth you notice in today's reading.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 06 / 74

Saturday 24 October 2026

Receive the rest Jesus offers

READ Matthew 11:28-30

KEY VERSE

“Come to me, all you who labour and are heavily burdened, and I will give you rest.

Matthew 11:28 | WEB British Edition

REFLECT

Jesus welcomes people who are carrying heavy loads. Rest with him includes learning his gentle way, sharing burdens and accepting the limits of being human.

PRAY

Jesus, I come to you with the weight of my responsibilities and the weariness I hide. Teach me your gentle way. Help me receive rest, ask for support where I need it and serve from a heart sustained by you. Amen.

PRACTISE TODAY

Set aside ten quiet minutes and hand one burden to Jesus in prayer.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 07 / 74

Sunday 25 October 2026

Be still in God's presence

READ Psalm 46:1-11

KEY VERSE

“Be still, and know that I am God. I will be exalted amongst the nations. I will be exalted on the earth.”

Psalm 46:10 | WEB British Edition

REFLECT

The psalm names upheaval honestly while pointing to God as refuge. Stillness is an invitation to remember who God is when circumstances feel louder than faith.

PRAY

Lord, you are my refuge and strength. Quiet the noise within me and remind me that you remain God in every uncertain season. Help me worship, listen and rest in your presence before a new week begins. Amen.

PRACTISE TODAY

Spend two minutes in silence, then thank God for one way he has sustained you.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 08 / 74

Monday 26 October 2026

Work with a willing heart

READ Colossians 3:12-17, 22-24

KEY VERSE

And whatever you do, work heartily, as for the Lord and not for men,

Colossians 3:23 | WEB British Edition

REFLECT

Ordinary work can become an offering to the Lord. Bring care, honesty and kindness to your responsibilities, including the tasks that rarely receive recognition.

PRAY

Lord Jesus, shape the attitude I bring to my responsibilities. Help me work wholeheartedly, treat people with dignity and remember whom I serve. Let my conduct reflect your character in paid work, study, caregiving and every unseen task. Amen.

PRACTISE TODAY

Give careful attention to one task you are tempted to rush.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 09 / 74

Tuesday 27 October 2026

Commit your plans to God

READ Proverbs 16:1-9

KEY VERSE

Commit your deeds to the LORD, and your plans shall succeed.

Proverbs 16:3 | WEB British Edition

REFLECT

Planning and dependence belong together. Offer your motives and methods to God, welcoming his correction as well as his direction when the route changes.

PRAY

Father, I commit my plans and my motives to you. Purify what I am pursuing, help me prepare responsibly and keep me open to your direction. Give me humility when plans change and faithfulness in the work before me. Amen.

PRACTISE TODAY

Review one plan and identify a place where you need wisdom or a better motive.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 10 / 74

Wednesday 28 October 2026

Let integrity speak

READ Daniel 6:1-10

KEY VERSE

Then the presidents and the local governors sought to find occasion against Daniel as touching the kingdom; but they could find no occasion or fault, because he was faithful. There wasn’t any error or fault found in him.

Daniel 6:4 | WEB British Edition

REFLECT

Daniel's faithfulness was visible in how he carried responsibility. Integrity grows through consistent choices when pressure rises and when no one is watching.

PRAY

God, make my life trustworthy. Give me courage to tell the truth, keep clear records and honour my commitments. When doing right carries a cost, help me remain faithful to you and respectful towards the people around me. Amen.

PRACTISE TODAY

Check one promise, record or piece of work and put right anything that needs attention.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 11 / 74

Thursday 29 October 2026

Be faithful in small things

READ Luke 16:10-13

KEY VERSE

He who is faithful in a very little is faithful also in much. He who is dishonest in a very little is also dishonest in much.

Luke 16:10 | WEB British Edition

REFLECT

Small responsibilities reveal the direction of the heart. Faithfulness includes how we handle money, possessions, promises and the trust other people place in us.

PRAY

Faithful Lord, help me care for what you have entrusted to me. Keep me honest with money and dependable in small matters. Free my heart from serving wealth, and teach me to serve you with the resources I have. Amen.

PRACTISE TODAY

Complete one small commitment you have been postponing.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 12 / 74

Friday 30 October 2026

Ask for wisdom

READ James 1:2-8

KEY VERSE

But if any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.

James 1:5 | WEB British Edition

REFLECT

Trials can expose how much we need God's wisdom. Ask him for understanding and endurance, and remain willing to follow the direction his Word gives.

PRAY

Generous Father, I need your wisdom for the situation before me. Help me see clearly, listen well and respond with patience. Strengthen my trust when the answer takes time, and shape perseverance in me through this season. Amen.

PRACTISE TODAY

Pray about one difficult choice and seek wise counsel if you need it.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 13 / 74

Saturday 31 October 2026

Make room to rest

READ Mark 6:30-32

KEY VERSE

He said to them, “Come away into a deserted place, and rest awhile.” For there were many coming and going, and they had no leisure so much as to eat.

Mark 6:31 | WEB British Edition

REFLECT

Jesus recognised the disciples' need to withdraw after serving. A sustainable rhythm leaves room to eat, rest, pray and recover so that love can remain attentive.

PRAY

Jesus, help me notice when I am running on empty. Give me wisdom to make space for rest and courage to set healthy limits. Refresh those who carry heavy responsibilities, and help us care for one another with patience. Amen.

PRACTISE TODAY

Protect one realistic period of rest today, even if it is brief.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 14 / 74

Sunday 1 November 2026

Stay connected to Christ

READ John 15:1-8

KEY VERSE

I am the vine. You are the branches. He who remains in me and I in him bears much fruit, for apart from me you can do nothing.

John 15:5 | WEB British Edition

REFLECT

Lasting fruit grows from abiding in Jesus. Let prayer and Scripture become the place your service begins and the place you return when you feel depleted.

PRAY

Lord Jesus, keep me close to you. Help me remain in your Word and depend on your life within me. Prune the habits that weaken my love, and produce fruit through me that honours the Father and serves others. Amen.

PRACTISE TODAY

Choose a regular time and place for next week's daily readings.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 15 / 74

Monday 2 November 2026

Bring faith into ordinary moments

READ Deuteronomy 6:4-9

KEY VERSE

and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise up.

Deuteronomy 6:7 | WEB British Edition

REFLECT

God's people were called to let his words shape everyday life. Share faith naturally through conversation, example and repeated acts of love in your household and community.

PRAY

Lord, let love for you take root in our daily routines. Help me speak about your goodness with warmth and live what I teach. Bless children, young people and adults in our homes, and draw each of us closer to you. Amen.

PRACTISE TODAY

Share one truth from today's reading with someone in your household or community.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 16 / 74

Tuesday 3 November 2026

Listen before you respond

READ James 1:19-27

KEY VERSE

So, then, my beloved brothers, let every man be swift to hear, slow to speak, and slow to anger;

James 1:19 | WEB British Edition

REFLECT

Listening is an act of humility. Let God's Word slow your speech, soften your anger and move you towards practical care for people who need support.

PRAY

Father, make me quick to listen and slow to speak. Help me hear the person behind the words and respond without harshness. Show me where I need to act on your Word, especially in the relationships closest to me. Amen.

PRACTISE TODAY

Give someone your full attention without interrupting or preparing your reply.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 17 / 74

Wednesday 4 November 2026

Choose kindness and forgiveness

READ Ephesians 4:25-32

KEY VERSE

And be kind to one another, tender hearted, forgiving each other, just as God also in Christ forgave you.

Ephesians 4:32 | WEB British Edition

REFLECT

Grace changes our speech and our response to hurt. Bring resentment to God, seek wise help where needed and practise kindness without pretending that wrongdoing is harmless.

PRAY

God of grace, thank you for forgiving me in Christ. Help me speak truth with kindness, release bitterness and seek healthy ways forward. Give me wisdom about trust and boundaries, and protect those who are being harmed. Amen.

PRACTISE TODAY

Replace one harsh response with a truthful and kind one.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 18 / 74

Thursday 5 November 2026

Let love hold you together

READ Colossians 3:12-17

KEY VERSE

Above all these things, walk in love, which is the bond of perfection.

Colossians 3:14 | WEB British Edition

REFLECT

Love takes shape in patience, compassion and forgiveness. Invite Christ's peace to guide the atmosphere you create at home, at work and among friends.

PRAY

Lord Jesus, clothe me with compassion, humility and patience. Let your love shape my responses when people disappoint me. Bring your peace into our relationships, and teach us to encourage one another with grateful hearts. Amen.

PRACTISE TODAY

Choose one deliberate act of patience for someone you see regularly.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 19 / 74

Friday 6 November 2026

Guide the next generation

READ Proverbs 22:1-6

KEY VERSE

Train up a child in the way he should go, and when he is old he will not depart from it.

Proverbs 22:6 | WEB British Edition

REFLECT

Children and young people need faithful guidance and a worthy example. Proverbs offers wisdom for nurturing character; every child also needs patient attention to their own story and needs.

PRAY

Father, give parents, carers, teachers and mentors wisdom and tenderness. Help us model integrity, nurture faith and notice each child's gifts and struggles. Surround young people with safe, loving support, and draw them into a living relationship with you. Amen.

PRACTISE TODAY

Encourage a younger person or pray specifically for a child in your community.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 20 / 74

Saturday 7 November 2026

Share the load

READ Ecclesiastes 4:9-12

KEY VERSE

Two are better than one, because they have a good reward for their labour.

Ecclesiastes 4:9 | WEB British Edition

REFLECT

Companionship helps us face work and hardship. God often provides strength through people who help us rise, carry a burden or stay the course.

PRAY

Lord, thank you for the people who stand beside me. Help me offer support without keeping score and receive help without shame. Strengthen marriages, friendships and households, and bring faithful companionship to those who feel isolated. Amen.

PRACTISE TODAY

Offer practical help, or ask someone trustworthy for help with one burden.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 21 / 74

Sunday 8 November 2026

Choose whom you will serve

READ Joshua 24:14-18

KEY VERSE

If it seems evil to you to serve the LORD, choose today whom you will serve; whether the gods which your fathers served that were beyond the River, or the gods of the Amorites, in whose land you dwell; but as for me and my house, we will serve the LORD.”

Joshua 24:15 | WEB British Edition

REFLECT

Joshua calls the people to a clear response to God's faithfulness. Begin with your own allegiance, and invite those around you towards faith through love and example.

PRAY

Faithful God, I choose to serve you with the life you have given me. Remove the loyalties that compete with you. Let my home be a place of truth, welcome and prayer, and help me honour the choices of others with patience. Amen.

PRACTISE TODAY

Pray a simple blessing over your home and the people connected to it.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 22 / 74

Monday 9 November 2026

Receive strength for today

READ Isaiah 40:27-31

KEY VERSE

but those who wait for the LORD will renew their strength. They will mount up with wings like eagles. They will run, and not be weary. They will walk, and not faint.

Isaiah 40:31 | WEB British Edition

REFLECT

God sees the person who feels overlooked and exhausted. Waiting on him includes bringing your weakness honestly and receiving strength for the step in front of you.

PRAY

Everlasting God, you see how tired I am. Renew my strength as I wait on you, and help me accept the support I need. Give me patience for the journey and enough courage to keep walking faithfully today. Amen.

PRACTISE TODAY

Name where you feel weary, then choose one manageable act of faithfulness.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 23 / 74

Tuesday 10 November 2026

Wait with courage

READ Psalm 27:1-14

KEY VERSE

Wait for the LORD. Be strong, and let your heart take courage. Yes, wait for the LORD.

Psalm 27:14 | WEB British Edition

REFLECT

Faith can speak confidently and still ask for help. Seek God's presence in the waiting, allowing hope to grow without demanding an immediate explanation.

PRAY

Lord, you are my light and my salvation. When I am afraid of what comes next, steady my heart in your presence. Teach me to wait with courage, seek your face and follow your way through uncertainty. Amen.

PRACTISE TODAY

Read the final verse slowly three times and turn it into your own prayer.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 24 / 74

Wednesday 11 November 2026

Rest in God's unbroken love

READ Romans 8:31-39

KEY VERSE

nor height, nor depth, nor any other created thing will be able to separate us from God’s love which is in Christ Jesus our Lord.

Romans 8:39 | WEB British Edition

REFLECT

Paul names hardship without denying its pain. His confidence rests in the love of God in Christ, a love that suffering cannot sever.

PRAY

Father, remind me that hardship cannot separate me from your love in Christ Jesus. Hold those facing loss, fear or opposition. Help me receive your love today and become a steady, compassionate presence for someone who is struggling. Amen.

PRACTISE TODAY

Send one thoughtful word of encouragement to someone facing a difficult season.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 25 / 74

Thursday 12 November 2026

Keep doing good

READ Galatians 6:1-10

KEY VERSE

Let’s not be weary in doing good, for we will reap in due season if we don’t give up.

Galatians 6:9 | WEB British Edition

REFLECT

Weariness can make faithful service feel pointless. Keep sowing what is good, carry burdens together and entrust the timing and form of the harvest to God.

PRAY

Lord, strengthen me where discouragement has taken root. Help me keep doing good with humility and patience. Show me which burdens I should share, and keep my heart free from resentment as I trust you with the results. Amen.

PRACTISE TODAY

Do one small good thing without requiring recognition or an immediate result.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 26 / 74

Friday 13 November 2026

Let grace meet your weakness

READ 2 Corinthians 12:7-10

KEY VERSE

He has said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Most gladly therefore I will rather glory in my weaknesses, that the power of Christ may rest on me.

2 Corinthians 12:9 | WEB British Edition

REFLECT

Paul learnt that Christ's grace could sustain him in an unresolved struggle. You can ask for change while depending on God's strength in the present.

PRAY

Jesus, I bring you the weakness I wish I could hide. Meet me with sufficient grace and teach me to depend on your power. Help me seek wise support and serve honestly, without pretending that I have everything under control. Amen.

PRACTISE TODAY

Admit one limitation to God and accept a practical form of support.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 27 / 74

Saturday 14 November 2026

God is near to the brokenhearted

READ Psalm 34:15-22

KEY VERSE

The LORD is near to those who have a broken heart, and saves those who have a crushed spirit.

Psalm 34:18 | WEB British Edition

REFLECT

The psalm gives sorrow a place in prayer. God's nearness invites you to bring grief and disappointment honestly, and to stand gently beside others in pain.

PRAY

Compassionate Father, draw near to those whose hearts are broken. Receive my grief, disappointment and unanswered questions. Give comfort that reaches beneath words, and help me offer patient care to someone who needs kindness today. Amen.

PRACTISE TODAY

Make room for honest prayer; if you are supporting someone, listen without rushing to explain their pain.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 28 / 74

Sunday 15 November 2026

Hold on to hope together

READ Hebrews 10:19-25

KEY VERSE

let’s hold fast the confession of our hope without wavering; for he who promised is faithful.

Hebrews 10:23 | WEB British Edition

REFLECT

Christian hope is nourished in community. Draw near to God and encourage others towards love and good works, especially when perseverance feels difficult.

PRAY

Faithful God, help me hold firmly to the hope I have in you. Draw me closer to your people and show me how to encourage someone else. Let our worship and fellowship strengthen love, courage and practical service. Amen.

PRACTISE TODAY

Connect with your church or another believer and share one encouragement.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 29 / 74

Monday 16 November 2026

Do justice, love mercy

READ Micah 6:6-8

KEY VERSE

He has shown you, O man, what is good. What does the LORD require of you, but to act justly, to love mercy, and to walk humbly with your God?

Micah 6:8 | WEB British Edition

REFLECT

God's call reaches beyond religious appearance into everyday conduct. Consider how fairness, mercy and humility should shape the way you use influence and respond to people.

PRAY

Lord, teach me to act justly, love mercy and walk humbly with you. Open my eyes to unfairness I have ignored. Correct my pride, strengthen my compassion and help me use my voice and choices for the good of others. Amen.

PRACTISE TODAY

Identify one situation where you can act more fairly or show mercy.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 30 / 74

Tuesday 17 November 2026

Refresh someone else

READ Proverbs 11:24-28

KEY VERSE

The liberal soul shall be made fat. He who waters shall be watered also himself.

Proverbs 11:25 | WEB British Edition

REFLECT

Generosity loosens the grip of self-protection. Share time, attention or resources wisely, trusting God with your own needs rather than treating giving as a transaction.

PRAY

Generous Father, thank you for what I have received. Free me from a closed heart and show me how to refresh someone else. Help me give wisely and willingly, with compassion for real needs and trust in your care. Amen.

PRACTISE TODAY

Offer one gift of time, encouragement or practical help within your means.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 31 / 74

Wednesday 18 November 2026

Give with a willing heart

READ 2 Corinthians 9:6-11

KEY VERSE

Let each man give according as he has determined in his heart, not grudgingly or under compulsion, for God loves a cheerful giver.

2 Corinthians 9:7 | WEB British Edition

REFLECT

Paul encourages thoughtful and willing generosity. Let giving grow from grace and gratitude, with honesty about what you can offer and care for those who receive it.

PRAY

God, grow a cheerful and generous heart in me. Help me make thoughtful choices about giving and use what I have to serve others. Provide for those in need, and let generosity produce thanksgiving and dignity rather than pressure. Amen.

PRACTISE TODAY

Plan one act of giving without pressure, display or expectation of repayment.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 32 / 74

Thursday 19 November 2026

Practise contentment

READ 1 Timothy 6:6-12, 17-19

KEY VERSE

But godliness with contentment is great gain.

1 Timothy 6:6 | WEB British Edition

REFLECT

Contentment loosens the hold of comparison. Receive what is good with gratitude, meet responsibilities wisely and invest in the kind of life marked by generosity and godliness.

PRAY

Father, guard my heart from the love of money and the pressure to prove myself through possessions. Teach me contentment, wise stewardship and generosity. Help me pursue faith, love and endurance, placing my hope in you. Amen.

PRACTISE TODAY

Pause one comparison-driven purchase or desire and thank God for something already entrusted to you.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 33 / 74

Friday 20 November 2026

Become a neighbour

READ Luke 10:25-37

KEY VERSE

He said, “He who showed mercy on him.” Then Jesus said to him, “Go and do likewise.”

Luke 10:37 | WEB British Edition

REFLECT

The Samaritan's compassion crossed a boundary and became practical care. Ask who is being overlooked along your path and what loving action is within your reach.

PRAY

Jesus, open my eyes to the person I might otherwise pass by. Interrupt my indifference and teach me practical compassion. Give me wisdom to help safely and effectively, and a willing heart that sees the dignity of every neighbour. Amen.

PRACTISE TODAY

Respond to one real need you notice, or support someone equipped to help.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 34 / 74

Saturday 21 November 2026

Use your gifts to serve

READ 1 Peter 4:8-11

KEY VERSE

As each has received a gift, employ it in serving one another, as good managers of the grace of God in its various forms.

1 Peter 4:10 | WEB British Edition

REFLECT

Gifts are entrusted to us for the good of others. Serve from the strength God provides, allowing love and hospitality to guide how you use your abilities.

PRAY

Lord, thank you for the gifts and opportunities you have given me. Show me where they can meet a need. Keep my service humble, strengthen me where I feel inadequate and let what I do direct attention to your goodness. Amen.

PRACTISE TODAY

Use one ability to make someone's day easier or strengthen your church or community.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 35 / 74

Sunday 22 November 2026

Enter with thanksgiving

READ Psalm 100:1-5

KEY VERSE

Enter into his gates with thanksgiving, and into his courts with praise. Give thanks to him, and bless his name.

Psalm 100:4 | WEB British Edition

REFLECT

Thanksgiving turns our attention towards God's goodness and faithfulness. Bring praise into worship today, remembering that you belong to the Shepherd who cares for his people.

PRAY

Good Shepherd, thank you that we are your people and you remain faithful. Receive our praise with joy. Help me remember your goodness in every season and join with others in worship that is grateful, sincere and full of love. Amen.

PRACTISE TODAY

Write down three specific reasons to thank God and share one with someone else.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 36 / 74

Monday 23 November 2026

Learn contentment in every season

READ Philippians 4:10-20

KEY VERSE

Not that I speak because of lack, for I have learnt in whatever state I am, to be content in it.

Philippians 4:11 | WEB British Edition

REFLECT

Paul learnt contentment through changing circumstances and the support of others. Christ strengthens us to remain faithful in both plenty and need, with room to give and receive.

PRAY

Lord Jesus, teach me contentment in the circumstances I face today. Thank you for those who have supported me. Strengthen me to live faithfully, help me receive care with gratitude and make me attentive to the needs of others. Amen.

PRACTISE TODAY

Thank someone who has supported you, and name one way you can support another person.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 37 / 74

Tuesday 24 November 2026

Give thanks in the middle of life

READ 1 Thessalonians 5:12-24

KEY VERSE

In everything give thanks, for this is the will of God in Christ Jesus towards you.

1 Thessalonians 5:18 | WEB British Edition

REFLECT

Gratitude can accompany honest grief and ongoing prayer. Thank God for his presence and goodness within your circumstances while continuing to seek help and change where needed.

PRAY

Father, help me pray continually and recognise your goodness within an imperfect day. Thank you for your presence, your people and every provision of grace. Keep me hopeful, discerning and patient as you continue your work in me. Amen.

PRACTISE TODAY

Notice one ordinary gift you usually overlook and thank God for it aloud.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 38 / 74

Wednesday 25 November 2026

Remember his benefits

READ Psalm 103:1-14

KEY VERSE

Praise the LORD, my soul, and don’t forget all his benefits,

Psalm 103:2 | WEB British Edition

REFLECT

Remembering God's mercy renews worship. Let the psalm lead you through forgiveness, compassion and steadfast love, giving words to gratitude you may have forgotten to express.

PRAY

Merciful Father, help me remember your goodness. Thank you for forgiveness, compassion and the ways you have sustained me. Be near to those who are ill or weary, and teach me to praise you with an honest and grateful heart. Amen.

PRACTISE TODAY

List three ways God has shown you mercy during this year.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 39 / 74

Thursday 26 November 2026

Return to say thank you

READ Luke 17:11-19

KEY VERSE

One of them, when he saw that he was healed, turned back, glorifying God with a loud voice.

Luke 17:15 | WEB British Edition

REFLECT

One healed man returned to give God glory and thank Jesus. Notice the people and moments through which you have received kindness, and take time to express gratitude.

PRAY

Jesus, keep me from hurrying past the gifts of your grace. Thank you for every kindness I have received. Help me return with praise, recognise the people who have helped me and express gratitude while I have the opportunity. Amen.

PRACTISE TODAY

Send a specific thank-you to someone whose kindness you have not yet acknowledged.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 40 / 74

Friday 27 November 2026

Rest in God's presence

READ Hebrews 13:1-6

KEY VERSE

Be free from the love of money, content with such things as you have, for he has said, “I will in no way leave you, neither will I in any way forsake you.”

Hebrews 13:5 | WEB British Edition

REFLECT

God's faithful presence gives courage for a life of love, hospitality and contentment. Consider how trust in him can change your response to both needs and possessions.

PRAY

Lord, thank you that you do not abandon your people. Strengthen those who feel afraid, forgotten or alone. Help me be content, show hospitality and care for people in hardship, living with confidence in your faithful presence. Amen.

PRACTISE TODAY

Check in with someone who may be lonely or carrying a hidden burden.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 41 / 74

Saturday 28 November 2026

Fix your eyes on Jesus

READ Hebrews 12:1-3

KEY VERSE

looking to Jesus, the author and perfecter of faith, who for the joy that was set before him endured the cross, despising its shame, and has sat down at the right hand of the throne of God.

Hebrews 12:2 | WEB British Edition

REFLECT

Perseverance includes laying aside what hinders and looking to Jesus. Consider one distraction or pattern that is weighing you down, and ask for help to run faithfully.

PRAY

Jesus, turn my attention towards you when I am weary. Help me lay aside the habits and distractions that hinder faithfulness. Give me endurance for my own race and compassion for others who are struggling to keep going. Amen.

PRACTISE TODAY

Set one distraction aside and use that time to reread today's passage slowly.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 42 / 74

Sunday 29 November 2026

Welcome the promised light

READ Isaiah 9:1-7

KEY VERSE

For a child is born to us. A son is given to us; and the government will be on his shoulders. His name will be called Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace.

Isaiah 9:6 | WEB British Edition

REFLECT

On this first Sunday of Advent, Isaiah's promise points towards the light and righteous reign of the coming King. Prepare to welcome Christ with hope and attentive worship.

PRAY

Father, thank you for the promise of light in darkness and for the gift of your Son. As Advent begins, prepare my heart to welcome Jesus. Grow hope in our homes and communities, especially where people are living with fear or sorrow. Amen.

PRACTISE TODAY

Choose one simple Advent practice: prayer, a shared reading or an act of kindness.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 43 / 74

Monday 30 November 2026

Trust the Word that endures

READ Isaiah 40:1-11

KEY VERSE

The grass withers, the flower fades; but the word of our God stands forever.”

Isaiah 40:8 | WEB British Edition

REFLECT

Human strength and circumstances change, but God's Word endures. Let his promise of comfort and shepherding care steady you as you prepare for Christmas.

PRAY

Lord, your Word stands when so much around me changes. Speak comfort into anxious places and help me prepare room for you. Lead me as a shepherd leads his flock, and make me gentle towards people who need encouragement. Amen.

PRACTISE TODAY

Read the key verse aloud and name one changing circumstance you will entrust to God.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 44 / 74

Tuesday 1 December 2026

Hope for a righteous King

READ Isaiah 11:1-9

KEY VERSE

The LORD’s Spirit will rest on him: the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the LORD.

Isaiah 11:2 | WEB British Edition

REFLECT

Isaiah describes a ruler shaped by God's Spirit, bringing justice and peace. Let that vision deepen your longing for Christ's reign and shape how you treat others today.

PRAY

Jesus, promised King, fill me with wisdom, understanding and reverence for the Father. Correct my shallow judgements and help me care about justice. Let your peace begin to shape my speech, decisions and relationships as I wait for your kingdom in fullness. Amen.

PRACTISE TODAY

Choose one response today that reflects wisdom and fairness rather than appearances.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 45 / 74

Wednesday 2 December 2026

Remember God's faithfulness

READ Jeremiah 33:14-16

KEY VERSE

> “In those days and at that time, I will cause a Branch of righteousness to grow up to David. He will execute justice and righteousness in the land.

Jeremiah 33:15 | WEB British Edition

REFLECT

God's promise came to people facing an uncertain future. The promised righteous Branch directs our hope towards the faithfulness of God, who keeps his saving purpose.

PRAY

Faithful Father, help me remember that your purposes are greater than what I can see today. Strengthen my hope in Jesus, the righteous King. Teach me to wait patiently and live justly while trusting your faithfulness. Amen.

PRACTISE TODAY

Recall one biblical promise about God's character and carry it into your prayers today.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 46 / 74

Thursday 3 December 2026

Notice God's quiet beginnings

READ Micah 5:2-5

KEY VERSE

> But you, Bethlehem Ephrathah, being small amongst the clans of Judah, out of you one will come out to me who is to be ruler in Israel; whose goings out are from of old, from ancient times.

Micah 5:2 | WEB British Edition

REFLECT

The promise of a ruler from Bethlehem reminds us that God's purposes can arrive through unexpected places. Stay attentive to humble beginnings and people easily overlooked.

PRAY

Lord, open my eyes to your work in ordinary places and quiet beginnings. Free me from judging significance by status or visibility. Help me honour overlooked people and welcome the shepherding care of Jesus in my own life. Amen.

PRACTISE TODAY

Pay attention to one person or small responsibility you might otherwise overlook.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 47 / 74

Friday 4 December 2026

Bring long-held prayers to God

READ Luke 1:5-25

KEY VERSE

But the angel said to him, “Don’t be afraid, Zacharias, because your request has been heard. Your wife, Elizabeth, will bear you a son, and you shall call his name John.

Luke 1:13 | WEB British Edition

REFLECT

Zechariah and Elizabeth's story opens with longing and surprising grace. Bring your own long-held prayers to God, allowing this account to strengthen trust in his saving work.

PRAY

Father, I bring you the prayers I have carried for a long time. Meet me in disappointment and strengthen my trust in your wisdom. Help me recognise your work, remain open to your direction and support others who are waiting. Amen.

PRACTISE TODAY

Pray honestly about one long-held longing, then leave a moment to listen.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 48 / 74

Saturday 5 December 2026

Respond with willing faith

READ Luke 1:26-38

KEY VERSE

Mary said, “Behold, the servant of the Lord; let it be done to me according to your word.” Then the angel departed from her.

Luke 1:38 | WEB British Edition

REFLECT

Mary asks an honest question and responds with willingness. Faith makes room for both wonder and obedience when God's call reaches beyond what we understand.

PRAY

Lord, give me a willing heart like Mary's. Help me bring my questions honestly and respond to your Word with trust. Give me courage for the obedience you ask of me and grace to receive support along the way. Amen.

PRACTISE TODAY

Identify one clear step of obedience you can take with God's help.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 49 / 74

Sunday 6 December 2026

Encourage another person's faith

READ Luke 1:39-45

KEY VERSE

Blessed is she who believed, for there will be a fulfilment of the things which have been spoken to her from the Lord!”

Luke 1:45 | WEB British Edition

REFLECT

Mary and Elizabeth share a moment of welcome, blessing and faith. Your encouragement can help someone recognise God's grace and feel less alone on their journey.

PRAY

Father, thank you for people whose encouragement has strengthened my faith. Make me attentive to those who need welcome and reassurance. Help me speak blessing with sincerity and celebrate your grace in another person's life. Amen.

PRACTISE TODAY

Encourage someone by naming a specific grace or strength you see in them.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 50 / 74

Monday 7 December 2026

Receive Christ's peace

READ John 14:25-31

KEY VERSE

Peace I leave with you. My peace I give to you; not as the world gives, I give to you. Don’t let your heart be troubled, neither let it be fearful.

John 14:27 | WEB British Edition

REFLECT

Jesus offers peace as he prepares his disciples for difficulty. Welcome his presence in the middle of uncertainty and let his words quiet your heart before you act.

PRAY

Jesus, I receive the peace you give. Calm my troubled heart and help me remember your words. Guide me by your Spirit as I face today's responsibilities, and let your peace shape the way I speak and care for others. Amen.

PRACTISE TODAY

Pause before a stressful conversation and pray for Christ's peace and wise words.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 51 / 74

Tuesday 8 December 2026

Stand in the grace of God

READ Romans 5:1-5

KEY VERSE

Being therefore justified by faith, we have peace with God through our Lord Jesus Christ;

Romans 5:1 | WEB British Edition

REFLECT

Peace with God rests on what Christ has done. Receive that grace with gratitude and ask the Holy Spirit to grow hope and perseverance as you face life's pressures.

PRAY

Father, thank you for peace with you through Jesus Christ. Help me stand in grace instead of trying to earn your love. Pour your love into my heart by the Holy Spirit and strengthen hope in the places where I am struggling. Amen.

PRACTISE TODAY

Thank God specifically for the gift of grace before you begin today's tasks.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 52 / 74

Wednesday 9 December 2026

Keep your mind turned towards God

READ Isaiah 26:1-4

KEY VERSE

You will keep whoever’s mind is steadfast in perfect peace, because he trusts in you.

Isaiah 26:3 | WEB British Edition

REFLECT

The song celebrates God as a secure refuge. Practise returning your thoughts to his faithfulness when uncertainty or distraction begins to set the tone of the day.

PRAY

Lord, steady my mind in your faithfulness. Help me return to you when worry scatters my attention. Teach me to trust you as my enduring rock, and guide me towards habits that make room for prayer, truth and peace. Amen.

PRACTISE TODAY

Take a short break from distracting media and return to today's reading.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 53 / 74

Thursday 10 December 2026

Let peace guard your heart

READ Philippians 4:4-9

KEY VERSE

> And the peace of God, which surpasses all understanding, will guard your hearts and your thoughts in Christ Jesus.

Philippians 4:7 | WEB British Edition

REFLECT

Return to this familiar reading and notice what has changed since October. Bring new concerns to God and keep practising the truthful, generous thinking Paul describes.

PRAY

God of peace, I bring you the concerns this season has added to my heart. Thank you for hearing me. Guard my mind in Christ and help me practise what is true, honourable and life-giving in the middle of a busy day. Amen.

PRACTISE TODAY

Compare today's worries with those you brought to God in October and note one sign of growth.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 54 / 74

Friday 11 December 2026

Let Christ break down hostility

READ Ephesians 2:11-22

KEY VERSE

For he is our peace, who made both one, and broke down the middle wall of separation,

Ephesians 2:14 | WEB British Edition

REFLECT

Christ brings people near and creates a new household across old divisions. Let his reconciling work challenge prejudice, exclusion and the hostility you may have accepted as normal.

PRAY

Jesus, you are our peace. Expose the prejudice and hostility in my heart and teach me to welcome people with dignity. Strengthen unity in your church, heal divisions and show me a practical way to build a bridge today. Amen.

PRACTISE TODAY

Offer welcome or respectful conversation across a difference you usually avoid.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 55 / 74

Saturday 12 December 2026

Do your part for peace

READ Romans 12:9-21

KEY VERSE

If it is possible, as much as it is up to you, be at peace with all men.

Romans 12:18 | WEB British Edition

REFLECT

Peace grows through sincere love, patience and refusing revenge. Take responsibility for your own conduct while recognising that reconciliation also depends on the choices of others.

PRAY

Father, help me pursue peace with sincerity and courage. Keep me from revenge, teach me to overcome evil with good and show me what is mine to put right. Give wisdom where relationships are strained and protection where harm continues. Amen.

PRACTISE TODAY

Take one safe, appropriate step towards peace, such as an apology or a calmer response.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 56 / 74

Sunday 13 December 2026

Listen for the way of peace

READ Psalm 85:8-13

KEY VERSE

I will hear what God, the LORD, will speak, for he will speak peace to his people, his saints; but let them not turn again to folly.

Psalm 85:8 | WEB British Edition

REFLECT

The psalm pictures righteousness and peace together. Listening to God means allowing his truth to shape a faithful response, including the patterns you need to leave behind.

PRAY

Lord, help me listen when you speak peace to your people. Lead me away from foolish patterns and towards faithfulness. Let truth, mercy and righteousness shape my home, my work and the communities I belong to. Amen.

PRACTISE TODAY

Name one repeated pattern you want God to change and choose a wiser response for this week.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 57 / 74

Monday 14 December 2026

Find joy in God's presence

READ Psalm 16:5-11

KEY VERSE

You will show me the path of life. In your presence is fullness of joy. In your right hand there are pleasures forever more.

Psalm 16:11 | WEB British Edition

REFLECT

The psalmist finds security and joy in belonging to God. Make space for his presence amid preparation and pressure, receiving him as the source of lasting life.

PRAY

Lord, you are my portion and my refuge. Help me notice the joy of being near you. Restore delight where I have become distracted or weary, and guide me in the path of life as I prepare to celebrate Jesus. Amen.

PRACTISE TODAY

Enjoy a quiet moment with God before adding anything else to your seasonal plans.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 58 / 74

Tuesday 15 December 2026

Praise God for his mercy

READ Luke 1:46-56

KEY VERSE

My spirit has rejoiced in God my Saviour,

Luke 1:47 | WEB British Edition

REFLECT

Mary's song celebrates God's mercy and his concern for the humble. Let worship enlarge your attention beyond your own plans towards the people and needs God sees.

PRAY

Mighty God, my soul praises you for your mercy. Thank you for remembering the humble and caring for those in need. Guard me from pride and self-importance, and help my joy overflow in compassion and generous service. Amen.

PRACTISE TODAY

Turn three lines of Mary's song into personal praise.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 59 / 74

Wednesday 16 December 2026

Let gratitude find its voice

READ Luke 1:57-66

KEY VERSE

His mouth was opened immediately and his tongue freed, and he spoke, blessing God.

Luke 1:64 | WEB British Edition

REFLECT

John's birth brings shared rejoicing, and Zechariah responds with praise. Tell the story of a grace you have received, allowing gratitude to encourage the people around you.

PRAY

Father, thank you for the ways your grace becomes visible in our lives. Open my mouth in sincere praise. Help me celebrate another person's good news without comparison, and share my own gratitude with humility and joy. Amen.

PRACTISE TODAY

Tell someone about one act of kindness or provision for which you are grateful.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 60 / 74

Thursday 17 December 2026

Welcome the dawn of mercy

READ Luke 1:67-80

KEY VERSE

because of the tender mercy of our God, by which the dawn from on high will visit us,

Luke 1:78 | WEB British Edition

REFLECT

Zechariah's song points towards salvation, forgiveness and light for those in darkness. Let the tender mercy of God renew your hope and guide your feet towards peace.

PRAY

God of tender mercy, thank you for sending light into our darkness through Jesus. Renew hope in those who feel forgotten. Help me receive your forgiveness, walk in your peace and carry gentle encouragement into another person's day. Amen.

PRACTISE TODAY

Pray for someone who needs hope and, where possible, offer a kind word or practical help.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 61 / 74

Friday 18 December 2026

Rejoice when life is unfinished

READ Habakkuk 3:17-19

KEY VERSE

yet I will rejoice in the LORD. I will be joyful in the God of my salvation!

Habakkuk 3:18 | WEB British Edition

REFLECT

Habakkuk describes real lack and still turns towards God. Joy can coexist with grief and uncertainty as we anchor our hope in the God who sustains us.

PRAY

Lord, some parts of life still feel empty or unresolved. Meet me there with your strength. Help me be honest about loss and remain open to joy in you. Sustain those facing hardship and lead us towards the help we need. Amen.

PRACTISE TODAY

Name one unresolved concern and one reason you can still place hope in God.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 62 / 74

Saturday 19 December 2026

Let love deepen your joy

READ John 15:9-17

KEY VERSE

I have spoken these things to you, that my joy may remain in you, and that your joy may be made full.

John 15:11 | WEB British Edition

REFLECT

Jesus connects joy with remaining in his love and loving others. Let friendship with him shape your priorities and turn seasonal generosity into steady, everyday care.

PRAY

Jesus, help me remain in your love and follow your commands with a willing heart. Deepen my joy in knowing you. Teach me to love sacrificially, nurture faithful friendships and give attention to the people you have placed in my life. Amen.

PRACTISE TODAY

Give someone a thoughtful act of care that reflects their actual needs.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 63 / 74

Sunday 20 December 2026

Receive God's restoring love

READ Zephaniah 3:14-20

KEY VERSE

The LORD, your God, is amongst you, a mighty one who will save. He will rejoice over you with joy. He will calm you in his love. He will rejoice over you with singing.

Zephaniah 3:17 | WEB British Edition

REFLECT

This promise of restoration calls God's people to rejoice in his presence. Let his saving love strengthen you, and make room for those who feel ashamed, excluded or weary.

PRAY

Saving Lord, thank you for your presence among your people. Quiet my heart with your love and restore hope where shame has taken hold. Help our homes and churches become places of welcome, encouragement and care for those who feel left out. Amen.

PRACTISE TODAY

Invite or include someone who might otherwise spend this season feeling forgotten.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 64 / 74

Monday 21 December 2026

Remember: God is with us

READ Matthew 1:18-25

KEY VERSE

> “Behold, the virgin shall be with child, and shall give birth to a son. They shall call his name Immanuel,” which is, being interpreted, “God with us.”

Matthew 1:23 | WEB British Edition

REFLECT

Matthew introduces Jesus as Immanuel, God with us. Joseph's obedient response invites us to receive this good news and let it reshape the choices before us.

PRAY

Father, thank you for coming near to us in Jesus. Strengthen those who feel alone this Christmas. Give me Joseph's courage to obey your Word, and help me bring steady love and reassurance to the people around me. Amen.

PRACTISE TODAY

Carry the words God is with us into one place where you feel uncertain today.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 65 / 74

Tuesday 22 December 2026

Welcome Jesus in humble places

READ Luke 2:1-7

KEY VERSE

She gave birth to her firstborn son. She wrapped him in bands of cloth and laid him in a feeding trough, because there was no room for them in the inn.

Luke 2:7 | WEB British Edition

REFLECT

The birth of Jesus takes place in humble circumstances within a much larger world of power and movement. Slow down and attend to the people and needs closest to you.

PRAY

Jesus, thank you for entering our ordinary and vulnerable world. Prepare my heart to welcome you with humility. Make me attentive to families under pressure, people without secure shelter and those whose needs are hidden beneath the celebrations. Amen.

PRACTISE TODAY

Make room in your plans for one act of welcome, simplicity or practical care.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 66 / 74

Wednesday 23 December 2026

Hear the good news

READ Luke 2:8-14

KEY VERSE

For there is born to you today, in David’s city, a Saviour, who is Christ the Lord.

Luke 2:11 | WEB British Edition

REFLECT

The angels announce a Saviour to shepherds in the fields. Christmas joy begins with this good news about Jesus, reaching ordinary people in the middle of their work.

PRAY

Father, thank you for the good news of Jesus our Saviour. Let that joy reach the places where I am tired or distracted. Bless those working through the Christmas period, and help me share your love with warmth and humility. Amen.

PRACTISE TODAY

Thank someone who is serving or working during the Christmas period.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 67 / 74

Thursday 24 December 2026

Treasure the wonder of Christ

READ Luke 2:15-20

KEY VERSE

But Mary kept all these sayings, pondering them in her heart.

Luke 2:19 | WEB British Edition

REFLECT

The shepherds respond with movement and praise; Mary treasures and ponders. Make room for both celebration and quiet attention to what the coming of Jesus means.

PRAY

Lord Jesus, help me slow down enough to treasure the wonder of your coming. Quiet the pressure to make everything perfect. Fill our homes with gratitude, comfort those carrying sorrow and turn our attention towards your saving love. Amen.

PRACTISE TODAY

Read the Christmas account aloud, alone or with others, and leave a moment for quiet reflection.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 68 / 74

Friday 25 December 2026

Celebrate the Word made flesh

READ John 1:1-18

KEY VERSE

The Word became flesh and lived amongst us. We saw his glory, such glory as of the only born Son of the Father, full of grace and truth.

John 1:14 | WEB British Edition

REFLECT

On Christmas Day, receive the wonder that the eternal Word became flesh and lived among us. Christ reveals God's glory through grace and truth, bringing light into darkness.

PRAY

Father, thank you for the gift of your Son. Jesus, light of the world, fill our celebration with grace and truth. Be near to those who are lonely, grieving or struggling today, and make our joy generous enough to include them. Amen.

PRACTISE TODAY

Offer a simple Christmas prayer of thanks and include someone who needs care or companionship.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 69 / 74

Saturday 26 December 2026

Bring your worship to Jesus

READ Matthew 2:1-12

KEY VERSE

They came into the house and saw the young child with Mary, his mother, and they fell down and worshipped him. Opening their treasures, they offered to him gifts: gold, frankincense, and myrrh.

Matthew 2:11 | WEB British Edition

REFLECT

The wise men respond to Jesus with worship and costly gifts. Let their response guide you towards offering Christ your attention, resources and willing obedience.

PRAY

Jesus, you are worthy of my worship. Help me offer more than the leftovers of my attention. Receive my gifts, guide my decisions and teach me to use what I have in ways that honour you and serve others. Amen.

PRACTISE TODAY

Offer Christ one specific commitment involving your time, resources or obedience.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 70 / 74

Sunday 27 December 2026

Recognise the salvation God brings

READ Luke 2:22-35

KEY VERSE

for my eyes have seen your salvation,

Luke 2:30 | WEB British Edition

REFLECT

Simeon recognises God's salvation in the infant Jesus and speaks of both light and suffering. Keep attending to Christ beyond the celebrations, trusting him through the whole journey.

PRAY

Faithful God, thank you for the salvation you have brought through Jesus. Help me recognise your grace in ordinary encounters and remain close to you beyond Christmas Day. Strengthen my hope and teach me to walk with you through joy and sorrow. Amen.

PRACTISE TODAY

Choose one way to continue making room for Jesus after the Christmas celebrations.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 71 / 74

Monday 28 December 2026

Invite God to search your heart

READ Psalm 139:1-12, 23-24

> **KEY VERSE**
>
> Search me, God, and know my heart. Try me, and know my thoughts.
>
> Psalm 139:23 | WEB British Edition

REFLECT

You can review the year honestly before the God who knows you completely. Ask him to uncover what needs healing or change and lead you towards his lasting way.

PRAY

Father, you know me fully and I bring this year before you. Search my heart with mercy and truth. Show me where I need to repent, receive healing or make amends, and lead me in the way that brings life. Amen.

PRACTISE TODAY

Write one lesson, one gratitude and one area where you need God's guidance.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 72 / 74

Tuesday 29 December 2026

Press on with Christ

READ Philippians 3:7-14

KEY VERSE

I press on towards the goal for the prize of the high calling of God in Christ Jesus.

Philippians 3:14 | WEB British Edition

REFLECT

Paul's desire is to know Christ and keep moving towards him. Learn from what lies behind while allowing your next steps to be shaped by that deeper purpose.

PRAY

Jesus, help me value knowing you above the need to prove myself. Receive my regrets and achievements alike. Teach me what to carry forward, what to release and how to keep moving towards you with humility, courage and hope. Amen.

PRACTISE TODAY

Name one Christ-centred priority to carry into the coming year.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 73 / 74

Wednesday 30 December 2026

Receive fresh mercy

READ Lamentations 3:19-26

KEY VERSE

They are new every morning. Great is your faithfulness.

Lamentations 3:23 | WEB British Edition

REFLECT

These words of hope rise from deep suffering. As you look back, remember that God's compassion invites you to begin again, even when the past year remains painful.

PRAY

Merciful Lord, thank you that your compassion has not failed. Meet me in the parts of this year I still find difficult to understand. Give me hope for each new morning and patience to take the next faithful step with you. Amen.

PRACTISE TODAY

Thank God for mercy you have received, and extend one act of grace to yourself or another person.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

DAY 74 / 74

Thursday 31 December 2026

Entrust the future to God

READ Revelation 21:1-5

KEY VERSE

He who sits on the throne said, “Behold, I am making all things new.” He said, “Write, for these words of God are faithful and true.”

Revelation 21:5 | WEB British Edition

REFLECT

The year ends with a vision of God dwelling with his people and making all things new. Let this lasting hope shape your prayers, your priorities and your love in the coming year.

PRAY

Faithful God, thank you for walking with us through this year. We entrust the future to you and long for the day when you make all things new. Guide our work, deepen our faith and strengthen our families and communities in the year ahead. Amen.

PRACTISE TODAY

Pray over the coming year and choose one sustainable rhythm of Scripture, prayer and practical love.

☐ Read ☐ Reflect ☐ Pray ☐ Practise

CARRY THE RHYTHM FORWARD

Keep growing in grace.

You have made room for Scripture, reflection and prayer through the closing weeks of the year. Keep the rhythm simple enough to continue and deep enough to shape the way you live.

What have I learnt about God?

How has my approach to work or responsibility changed?

Where do my relationships need more grace?

What sustainable rhythm will I carry forward?

SCRIPTURE AND USE

Key verses are from the World English Bible British Edition, a public-domain translation. Readings link to eBible.org. Scripture wording is retained; paragraph line breaks are adapted for this guide. Reflections, prayers and daily actions are original Work Faith Family material.

Scripture source: ebible.org/engwebpb
The Philippians 3 reading uses the same British edition at ebible.org/eng-webbe/PHP03.htm.

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